



Winter/Spring 2025

Village Talk

RanchoSahuarita.com



RANCHO SAHUARITA™
IT'S ALL IN YOUR BACKYARD



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Department Highlight: Housekeeping Team at Club Rancho Sahuarita

CLUB RANCHO SAHUARITA

Hours of Operation

Monday – Friday: 5:00 a.m. – 9:30 p.m.

Saturday: 6:00 a.m. – 9:30 p.m.

Sunday: 6:00 a.m. – 9:30 p.m.

Contact

Phone: (520) 207-7730

Email: info@ranchosahuarita.com

FITNESS CENTER AT CLUB RANCHO SAHUARITA

Hours of Operation

Monday – Thursday: Open 24 Hours

Friday: 12:00 midnight – 9:30 p.m.

Saturday: 6:00 a.m. – 9:30 p.m.

Sunday: 6:00 a.m. – 12:00 midnight

SPLASH PAD & POOL HOURS:

Hours of Operation

Flamingo Splash Pad Hours of Operation*

Beginning April 1st through October 1st

Monday – Sunday: 9:00 a.m. – 9:00 p.m.

Pools at Parque Del Rio and Parque Del Presidio Daily Hours of Operation*

Monday – Sunday: 7:00 a.m. – 9:00 p.m.



PRE-TEEN ROOM

Available to children 6 to 12 years of age, this area provides a fun and safe environment for older children. While being supervised by Clubhouse staff, kids (and parents) can enjoy rich activities including board games, crafts, help with homework, video games, air hockey, and more. (Parents must remain on the premises).

Hours of Operation

Monday – Friday: 3:00 – 8:00 p.m.

Saturday: 8:00 a.m. – 7:00 p.m.

Sunday: 10:00 a.m. – 7:00 p.m.

***Expanded school holiday hours of operation may be available.**

KIDS TIME

While parents are using the Fitness Center or catching up on work, children can enjoy Kids Time. Rancho Sahuarita offers a supervised play center at a cost of \$4.00 per hour per child (limit of two hours). This service is available for children 4 months to 6 years of age. (Parents must remain on the premises).

Hours of Operation

Monday – Thursday: 8:00 a.m. – 12:00 p.m. | 3:00 – 8:00 p.m.

Friday – Saturday: 8:00 a.m. – 12:00 p.m.

Sunday: Closed

ICON KEY:



Registration Required



Event Has a Fee



Give Back Events



RESIDENT EVENTS

Family Friendly

Food Truck Roundup

**Tuesday, January 7th | February 4th |
March 4th | April 1st | 4:00 – 7:30 p.m.**
Stop by Club Rancho Sahuarita and grab a meal as a variety of food trucks gather every first Tuesday of the month.

Coffee Social

**Friday, January 10th & 24th
February 7th & 21st | March 7th
April 4th & 18th | 8:00 – 9:30 a.m.**
Join us for complimentary coffee, hot tea, donuts and bagels, along with a few healthier options.

Resident Wellness Week

January 13th – 18th
Fitness class participants will receive special gifts after each group workout class this week.

Family Fitness Night (Ages 10+)

**Friday, January 17th | March 21st | April 18th
5:00 - 5:50 p.m.**
Smiles and laughter for the whole family with non-competitive fun and games.

-  Registration Required
-  Event Has a Fee
-  Give Back Events

Healthy Living Series (Ages 15+)

**Saturday, January 18th | February 8th
March 8th | April 12th | 10:00 – 11:00 a.m.**
Join Registered Nutrition and Dietetic Technician Jordan Frink each month for a different wellness topic.

Ice Cream Giveaway

Monday, January 20th | 1:00 – 2:00 p.m.
Stop by Club Rancho Sahuarita for this free ice cream giveaway!

Fitness Challenge Kickoff (Ages 10+)

Friday, February 7th | 5:30 – 6:00 p.m.
Join us for the kick off party for this 6-week challenge with a night of mini-workouts, followed by beverages and appetizers! The challenge runs February 7th – March 22nd.

Cocoa and Cowboys

Friday, February 21st | 6:00 – 7:30 p.m.
Families can enjoy their Rodeo Break with special cowboy and cowgirl-themed activities, along with some hot cocoa.



Rodeo Roundup

Saturday, February 22nd

11:00 a.m. – 3:00 p.m.

Celebrate our western heritage with the Rancho Sahuarita Rodeo Roundup, featuring entertainment, activities and more.

Restorative Workshop (Ages 15+)

Saturday, March 8th | 11:30 a.m. – 1:00 p.m.

Immerse yourself in the gentler side of fitness with yoga, meditation, pranayama, and self-healing practices.

Rock Art

Wednesday, March 12th | 6:00 – 7:00 p.m.

Be creative and come up with a one-of-a-kind piece to add to our Community Rock Garden at Club Rancho Sahuarita.

Pi(e) Drive-Up Giveaway

Friday, March 14th | 5:00 – 6:00 p.m.

It's National Pi Day! To celebrate, drive by Club Rancho Sahuarita for your free mini pie.

*Mini pies available while supplies last.

Coffee & Canines

Friday, March 21st | 8:00 – 9:30 a.m.

Residents and their furry, four-legged friends are invited to come out and enjoy complimentary coffee, donuts, bagels, and a few healthier options. We will have treats for the pups too!

Family Health and Wellness Day

Saturday, March 22nd

10:00 a.m. – 1:00 p.m.

Come participate in various health and wellness activities and visit with vendors in this special event designed for whole family.

Finish Line Celebration (Ages 10+)

Saturday, March 29th

11:00 a.m. – 12:00 p.m.

Follow the six-week challenge program to better your health and wellness, and to win fun prizes!

Zumbathon

Saturday, March 29th | 6:00 – 8:30 p.m.

Grab your bestie and meet us on the dance floor for this fundraising event! Suggested \$5 donation to participate.

Movies Under the Stars

Saturday, April 12th | 6:00 – 9:00 p.m.

Our "Movies Under the Stars" series begins again in 2025. Complimentary popcorn will be served, and the event area opens an hour prior to the movie.




Breakfast with the Bunny

Saturday, April 19th | 8:00 – 10:00 a.m.

No Easter would be complete without the Easter Bunny and this free pancake breakfast!

RESIDENT EVENTS

Kid Friendly

-  Registration Required
-  Event Has a Fee
-  Give Back Events

Storytime for Tots (Ages 3+)

**Thursday, January 9th | February 13th
March 13th | April 10th | 10:30 – 11:30 a.m.**
Once a month you and your tot can join us to hear their favorite stories and enjoy a craft or activity.

Movin' & Groovin' (Ages 3+)

**Thursday, January 16th | February 20th
March 20th | April 17th | 10:30 - 11:30 a.m.**
Challenge your child physically and cognitively while building crucial social skills. Registration is not required for the free event; however, space is limited.

T-Ball Clinic (Ages 4-6)

**Saturday, January 18th & 25th
February 1st | 10:00 – 11:00 a.m.**
This free three-session T-ball clinic builds on each prior week's lessons. Players are introduced to the fundamentals of T-Ball prior to official Spring season. Space is limited. **Bring your own personal glove, as no gloves will be provided.*

Toddler Techniques (Ages 3-6)

**Thursday, January 23rd | February 27th
March 27th | April 24th | 10:30 – 11:30 a.m.**
Once a month bring your toddler for Toddler Techniques, which offers many different fine motor and sensory activities to help them grow!

Father-Daughter Dance

**Saturday, February 1st | 5:00 – 7:30 p.m.
Rancho Resort Ballroom
(15900 S. Rancho Resort Blvd.)**
You are invited to our annual Father-Daughter Dance! Those who register will be entered in a raffle for a chance to win a limousine ride to the event.

Princess Tea Party

**Saturday, March 8th | 11:00 a.m. – 1:00 p.m.
Rancho Resort Ballroom
(15900 S. Rancho Resort Blvd.)**
Calling all Princesses: please join us for an afternoon of tea time, brunch and other fun!

Spring Break Kids Camp (Ages 7-12)

March 10th – 13th | 10:00 a.m. – 12:00 p.m.
Our Spring Break Kids Camp offers engaging exercise activities and crafts for your children. This camp is free, but space is limited to 30 participants.

I Can Cook for Kids (Ages 7-12)

Friday, March 14th | 10:00 a.m. – 12:00 p.m.
Budding young chefs: come join our staff for this fun, hands-on cooking class!

Teen Outing: Main Event

Saturday, March 15th | 4:00 - 8:30 p.m.
Teens - join us for another exciting outing as we head to Main Event! Parents: If interested in chaperoning, please contact the Lifestyle Team at Club Rancho Sahuarita.



Adult Only Events

Zen Friday (Ages 25+)

Friday, January 10th & 24th
February 7th & 21st | March 7th & 21st
April 11th & 25th | 8:30 – 10:00 p.m.

Come enjoy the pool at Club Rancho Sahuarita for some rest and relaxation.

Bingo

Tuesday, January 14th & 28th
February 11th & 25th | March 11th & 25th
April 8th & 22nd | 6:00 – 8:00 p.m.

Try your luck at a night of Bingo every 2nd and 4th Tuesday.

Women & Wine

Wednesday, January 15th | February 19th
March 19th | April 16th | 6:00 – 7:30 p.m.

Ladies, you are cordially invited to join us for an evening of wine, appetizers, and friendship.

Books & Brunch

Monday, January 20th | February 17th
March 17th | April 21st | 10:00 – 11:30 a.m.

Join us for our morning book club with a light brunch!

January: "The Echo of Old Books"

February: "Slow Dance"

March: "Wrong Place, Wrong Time"

April: "The Cliffs"

Bunco

Wednesday, January 22nd | February 26th
March 26th | April 23rd | 6:00 – 8:00 p.m.

Let the good times roll! If you can throw dice and count, we will take care of the rest!

Adult Outing: Gem Show

Saturday, February 8th

10:00 a.m. – 3:00 p.m.


Join us in this outing to the Tucson Gem and Mineral Show.

Super Sunday Football

Sunday, February 9th | 4:00 p.m.

Come watch the big game on our big TV with your fellow residents while enjoying snacks and drinks.



-  Registration Required
-  Event Has a Fee
-  Give Back Events

Events for Children with Special Needs

All special needs events are done in partnership with the Sahuarita-Green Valley Family Support Network. To register for these events or to obtain additional information, contact Jamie Comeau or Sabina Reyes at sgvfn@gmail.com

Saguaro Club

Membership Drive

Saturday, January 25th | 4:00 – 6:00 p.m.

Enjoy an afternoon of appetizers, adult beverages, and entertainment! This event is open to current Saguaro Club members and those looking to get more information about joining!

Sweetheart Social Hour

Thursday, February 13th

5:00 – 6:30 p.m.

Celebrate Valentine's Day with a couple of adult beverages (or non-alcoholic beverages) and some oh-so-sweet desserts!

Explore AZ: Kitt Peak

Saturday, March 1st | 10:00 a.m. – 3:00 p.m.

Join us for this special trip to Kitt Peak Observatory.

Saguaro Club Paint Night

Friday, April 11th | 5:00 - 7:00 p.m.

Unleash your inner artist and join us for a paint night.

Explore AZ: Tohono

Chul Park

Sunday, April 27th | 9:00 a.m. – 2:00 p.m.

Saguaro Club members are invited to come and spend the day at Tohono Chul Park taking in the scenery and enjoying lunch.

Valentine's Dance for Families

Saturday, February 8th | 1:00 – 3:00 p.m.

Bring your favorite lovelies to Club Rancho Sahuarita for a special Valentine's Dance, complete with appetizers and refreshments.

Autism Awareness Day

Wednesday, April 2nd | 5:30 – 7:00 p.m.

Parque Del Rio

Please join us on this day designed to help raise awareness about autism.

Easter Egg Hunt

Sunday, April 13th | 1:00 – 3:00 p.m.

All families with children with special needs: bring your easter baskets and join us for a free Easter egg hunt and visit with the Easter Bunny.

Additional Programs

Rancho Sahuarita Homeschool Club

First and Third Fridays | 11:15 a.m. – 12:15 p.m.

Rancho Sahuarita Homeschool Club P.E.

Second Wednesdays | 11:00 a.m. - 12:00 p.m.

Contact Dennise Avendaño Jarvis at dennisejarvis@gmail.com for all Homeschool Programs.

Hiking Club

Various Saturdays

Meets at Club Rancho Sahuarita for hikes.
Contact Paul Hill for more information:
icanhike@gmail.com.

Southern Dragon Taekwon-Do

Monday, Wednesday, Friday

4:00 - 6:00 p.m.

Ages: 5 and up. Traditional Taekwon-Do (ITF).
To register and get more information contact:
Levi Davis 520-248-6377 or email
southerndragontkd@gmail.com.

Sahuarita Dance

Creative Dance/Pre Ballet (3-5 years)

Gymnastics/Tumbling (5-8 years)

Ballet/Jazz Combo Classes (5-11 years)

Hip Hop (5-14 years)

Tap (6-10 years)

For more information on days and times of
programs and to register contact:

Michele Igasan
Sahuarita Dance Center | Sahuaritadance.net
520-232-3753 | michele@sahuaritadance.com

Rancho Sahuarita Cleanup Crew Club

Third Wednesday of the Month | 8:00 a.m.

Meets at Club Rancho Sahuarita to coordinate
areas to clean up litter.

Community Events

National Law Enforcement Day

Thursday, January 9th | 6:00 p.m.

First Responders Tribute at

Parque La Coraza

Join us to celebrate the dedication and bravery
of our local law enforcement officers.

American Red Cross Blood Drive

Saturday, January 18th | March 15th

9:00 a.m. – 2:00 p.m.

To register for a specific blood drive, please call
1-800-733-2767 or log on to redcrossblood.org
and enter the Sponsor Code as: Rancho.

Fishing Derby

Saturday, February 1st | 6:30 – 9:30 a.m.

Join us for the Sahuarita Spring Fishing Derby, a
partnered event with Rancho Sahuarita and the
Town of Sahuarita! For more information and to
register, visit SahuaritaParksandRec.org.

Neighbor to Neighbor Sahuarita:

Drop off Dates

Saturday, February 8th | 9:00 – 11:00 a.m.

Stop by the main parking lot at Club Rancho
Sahuarita and drop off your accumulated items
to benefit the Sahuarita Food Bank and
Community Resource Center.

Relay for Life

Saturday, March 29th

8:00 a.m. – 8:00 p.m. | Rancho Resort
(15900 S. Rancho Resort Blvd.)

Join us at this event to bring communities
together, to remember loved ones lost, honor
survivors of all cancers, and raise money to help
the American Cancer Society make a global
impact on cancer. For more information, please
go to www.relayforlife.org.

Community Yard Sale

Saturday, April 5th | 7:00 a.m. – 12:00 p.m.

Maps with participating households will be
distributed from Club Rancho Sahuarita, and
signs will be placed throughout the community.

Fiesta Sahuarita

Saturday, April 5th | 2:00 – 8:00 p.m.

Don't miss the best small-town festival in
Southern Arizona! There will be food vendors, live
music, inflatables, arts & crafts for sale,
information booths plus many more fun family
activities.

Coffee & Cars

Saturday, April 12th | 8:00 – 10:00 a.m.

Join us for first ever "Coffee and Cars" event,
where automotive enthusiasts can enjoy great
coffee and an amazing lineup of classic cars.
Please bring a canned food item for our canned
food drive in support of Sahuarita Food Bank &
Community Resource Center.

Concert Under the Stars

Saturday, April 26th | 7:00 – 9:00 p.m.

Come enjoy an evening under the night sky
listening to great music by a live band.



Coming Soon to Rancho Sahuarita


Club Del Toro | Summer 2026


Our next big recreation amenity, Club Del Toro, is coming soon to Rancho Sahuarita! With amazing spaces and activities designed with every age in mind, it'll make for the perfect spot to create cherished memories with family and friends.


Another way we're *Creating a Better Life* in Rancho Sahuarita

Sign up for updates on the upcoming Groundbreaking, new amenity details, and more **by scanning the QR code!**




 Pool and Splash Pad

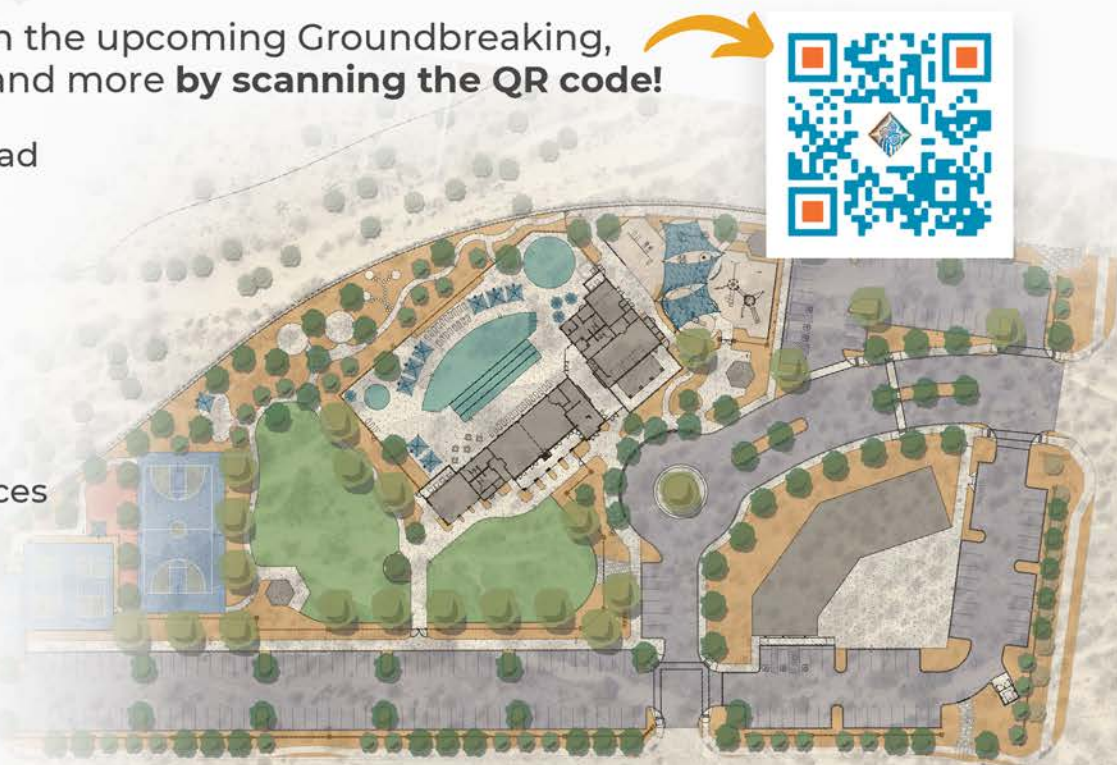
 Pickleball Courts

 Fitness Spaces

 Playground

 Multipurpose Spaces

 And Much More!





Get Fit and Stay Fit in the New Year with Health and Wellness at Rancho Sahuarita

The New Year is a time well known for new resolutions, new positive habits, and new fresh starts! The Health and Wellness Department at Club Rancho Sahuarita is embracing the new year head on, and invites residents to join this season's "Get Fit, Stay Fit" Family Fitness Challenge.

The "Get Fit, Stay Fit" Fitness Family Challenge is a six-week campaign for residents ages 10+, all centered on increased movement and resulting in improved overall wellbeing.

Health and Wellness Director, Katherine McDonnell, shares that the goal is to help residents stay engaged and motivated to move more, and build positive healthy habits, such as increased exercise and movement throughout the year.

"Did you know that when we move our bodies more, we increase blood flow and oxygen to our brains? This can help us experience better sleep, reduced levels of stress, and boosted metabolism. Movement goes far beyond just the physical component of wellness!"

"Get Fit, Stay Fit" will begin with a special Kickoff event on Friday, February 7th at 5:30 p.m. The challenge will run through Saturday, March 22nd, concluding at the spring 2025 "Family Health and Wellness Day". Challenge participants will then receive their awards at the "Finish Line Celebration" on Saturday, March 29th.

Participation in the challenge is easy! Simply tally movement in 15-minute increments. Every 15 minutes of movement, (such as aerobic or strength training), is equivalent to 1 point. The CDC recommends 150 minutes, (or 2.5 hours), of physical activity per week. Therefore, it is recommended that you aim for 10 points per week. The resident who accumulates the most "points" in their age group and the most time spent moving will win the Sahuarita Sneaker Award.

Use innovative and creative approaches when incorporating your exercise throughout the challenge – as movement can include exercise of any kind. **So, get ready to have fun, get inspired and get fit in 2025!**



HEALTH & WELLNESS

Group Exercises (Ages 15+)

- 1 All Levels
- 2 Foundational
- 3 Experienced

Aqua Zumba | 1

Saturday | 11:30 a.m.

Blends the Zumba philosophy with a low-impact, high-energy water exercise for a pool party you shouldn't miss!

Ballet | 1

Wednesday | 6:00 p.m.

These classes will tone, lengthen, and stretch your muscles while engaging your whole body.

Basic Step Interval | 1

Monday | 9:00 a.m.

Low intensity basic step combos alternating with High Intensity Resistance Training (H.I.R.T).

Battle Ropes+ | 3

Saturday | 8:00 a.m.

Increase full body strength and conditioning using thick ropes.

Bootcamp | 3

Saturday | 9:00 a.m.

Start off your Saturdays with a series of full body workouts in this challenging class.

Booty and More | 1

Friday | 8:00 a.m.

A 45-minute high-intensity booty-blasting workout that focuses on crushing the gluteals.

Cardio Kickboxing | 3

Monday, Tuesday, Thursday | 6:15 p.m.

Wednesday | 8:15 a.m.

The workout consists of boxing and kickboxing movements mixed with martial arts.

Core & More | 1

Wednesday | 6:15 p.m.

Thursday | 5:00 a.m.

Strength training class that uses balance and total body exercises to build your core.

Cycling | 1

Monday | 6:30 a.m. & 6:00 p.m.

Tuesday | 5:00 a.m.

Wednesday and Friday | 6:30 a.m.

Use stationary bikes to ride through climbs, races, and sprints while listening to great music.

Equipment Orientation | 1

Second and Fourth Friday | 3:30 p.m.

Introduction to Precor. Become familiar with strength training machines and philosophy.

H.I.I.T. to Fit | 3

Tuesday, Friday | 9:00 a.m.

Get ready to be challenged and have fun in this full body workout class.



Line Dancing | 2

Friday | 9:00 a.m.

Combine music with choreographed dance moves done in a repeated sequence of steps.

Low Impact Cardio | 2

Wednesday | 10:00 a.m.

Incorporates cardio and light strength training.

MixedFit | 1

Tuesday | 10:00 a.m.

A people-inspired dance fitness program designed to tone, strengthen, and increase endurance.

Pilates with Props | 1

Monday | 10:00 a.m. | Tuesday | 5:15 p.m.

Create optimal strength through muscle balance with an emphasis on core strength.

Strength Circuit | 1

Wednesday | 9:00 a.m.

Station-based workout using dumbbells, body weight, and equipment for full-body conditioning.

Tai Chi | 1

Tuesday | 8:00 a.m.

Thursday | 9:00 a.m. & 4:00 p.m.

An ancient Chinese body movement that helps conserve and develop life energy.

Totally Tubing | 1

Monday | 4:00 p.m. | Thursday | 8:15 a.m.

Use resistance tubing for a challenging endurance workout targeting major muscle groups.

Warrior Workout | 3

Wednesday | 5:00 a.m.

Burn maximum calories while you weave, jab, and kick using the heavy bags as an imaginary opponent.

Water Aerobics | 1

Tuesday and Thursday | 12:00 p.m.

Tone and sculpt your body with no impact on your joints using water buoys and noodles.

Yoga | 1

Monday and Thursday | 6:00 p.m.

**Tuesday, Wednesday, and Thursday
7:00 a.m.**

This class focuses on breathing, strength and flexibility while moving through different poses.

Yoga Sculpt | 1

Wednesday | 5:10 p.m.

Blends balance, strength, flexibility, and power in a fitness format using light weights.

Zumba™ | 1

Wednesday | 9:00 a.m. | Thursday | 8:00 a.m.

Friday and Saturday | 10:00 a.m.

Mix Latin American dances and aerobic interval training with fast and slow rhythms.



HEALTH & WELLNESS

Youth & Teen Programming

 Registration Required

 Event Has a Fee

 Give Back Events

Fitness Fun for the Young (Ages 10-12)

Monday | 5:00 – 5:45 p.m.

This youth empowerment program uses drills and games to teach strength and skills.

Recreational Dance: Ballet/Jazz (Ages 10-14)

Tuesday | 4:00 – 4:45 p.m.

A great introductory class to develop the foundations of ballet and jazz.

Sports Conditioning (Ages 11-14)

Wednesday | 2:15 – 3:15 p.m.

Session 1: January 8th – February 26th

Session 2: March 19th – May 7th

A training program geared toward developing power, strength, and flexibility for sports such as football, basketball, soccer, and volleyball.

Kid Fit (Ages 8-12)

Saturday | 9:00 – 9:45 a.m.

Games, dancing, playing, and movement designed to make kids stronger, faster, and more agile.



DEPARTMENT HIGHLIGHT:

Housekeeping Team at Club Rancho Sahuarita



Club Rancho Sahuarita is a vibrant hub of activity, offering residents access to top-notch amenities like the Ventana Fitness Center, swimming pools, and spaces for play and relaxation. Ensuring these areas remain clean, safe, and inviting is no small task—and it's all thanks to the dedicated Housekeeping Team.



This hardworking group takes pride in maintaining the facility to a high standard, understanding that cleanliness and care are essential to creating a positive experience for residents. Their efforts go beyond just keeping the space clean and tidy; they help to foster a place where neighbors can relax, recharge, and connect in comfort.

From routine cleaning to deep sanitation projects, the team approaches their work with meticulous attention to detail. Every corner of the facility is cared for with the goal of providing a healthier, safer, and more enjoyable experience for everyone who visits.



“In my years of overseeing Housekeeping, I've never witnessed such dedication to cleanliness and resident well-being. This team, including fellow residents, truly embodies our community's commitment to *Creating a Better Life*.”

- Claudia Ochoa, Office Manager at Club Rancho Sahuarita



Thank you to the Housekeeping Team for your hard work and dedication to creating a healthier, safer, and more enjoyable space for all. Next time you see a member of the team hard at work, stop and say hello!



RANCHO SAHUARITA™
IT'S ALL IN YOUR BACKYARD

CREATE YOUR

Best Life

IN RANCHO SAHUARITA

Find your dream home in Rancho Sahuarita, with beautiful homes in **new neighborhoods by award-winning builders.**



Entrada Del Toro Coming Soon!

Sign Up for Updates & Learn More at RanchoSahuarita.com

RICHMOND AMERICAN HOMES | LENNAR | MERITAGE HOMES | KB HOME | CENTEX

