# Club Rancho Sahuarita New Kitchen and Flex Space Free Grand Opening Events

# **Grand Opening Celebration Event**

Wednesday, July 1st 4:30 pm – 7:00 pm Featuring a Wine Reception with the musical sounds of a solo guitarist. Residents can also enjoy a Kids Zone area with ice sundaes and fun for the children. In the Sports Bar; beer, soda, waters and a variety of appetizers will be available.

#### **Yogurt Bar and More**

July 2nd, 3rd, 6th, 7th, 8th, 9th and 10th 5:00 am – 8:00 am Get your morning started the right with way with smoothie samples, yogurt and a little granola.

# Coffee, Games, Etc...

July 2nd, 4th, 5th, 7th, 8th, 9th and 10th 10:00 am – 2:00 pm Whoever said life was not all fun and games never came to our new Coffee and Games session. Enjoy a variety of beverages while playing cards, dominoes, and a variety of board games.

# **Cookies with the Cookie Monster**

Thursday, July 2nd 11:00 am – 1:00 pm Decorate your very own cookies with your favorite blue friend. Dancing and fun are also on the menu.

# **Kids Zumba**

Thursday, July 2nd 3:30 pm – 4:30 pm Children 7 to 13 years of age can show their Zumba moves while having fun with their friends.

# **Summer Kids Matinee**

10:00 am - 12:30 pm
Escape the summer heat with a movie and popcorn.
Friday, July 3rd "Big Hero 6"
Monday, July 6th "Little Rascals"
Sit in our new furniture or bring along your blankets and pillows. Area opens at 10 am and the movie begins at 10:30 am.

# **Coffee and the News**

July 2nd, 3rd, 6th, 7th, 8th, 9th and 10th 8:00 am – 10:00 am Stop by for a cup a coffee and a treat while thumbing you way through the latest newspapers and magazines. The morning news will also be available on our new 80 inch flat screen TV!

# **Stability Ball Class**

Saturday, July 4th 8:00 am – 9:00 am Focus on strength and balance while using a stability ball. This is a great workout for all adults.



# Spinning

Join us for this high intensity cardio workout while using a spin bike.

Saturday, July 4th	10:30 am - 11:30 am
Monday, July 6th	8:00 am – 9:00 am
	6:00 pm – 7:00 pm
Wednesday, July 8th	8:00 am – 9:00 am

# **Root Beer Floats with Uncle Sam**

Saturday, July 4th 11:00 am – 1:00 pm Stay cool the old-fashioned way with an ice cream float while celebrating the 4th of July with Uncle Sam.

# **Diamondbacks Baseball Game**

Sunday, July 5th Come by and enjoy hot dogs and traditional ball park snacks while watching the D-backs take on the Colorado Rockies on our new HD Projection TV. Game time is 1:10 pm.

# Sundaes with the Super Heroes

Sunday, July 5th 5:00 pm – 7:00 pm Does Captain America eat ice cream? Does Spiderman like chocolate fudge? Come and hang out with our super hero friends and create your very own sundae!

# **Morning Mediation Class**

Tuesday, July 7th 9:30 am – 9:50 am Take a quick 20 minute detour into the world of relaxation using breathing techniques and other tools.

# **PM Cross Training**

Tuesday, July 7th 7:00 pm – 8:00 pm Enjoy this high intensity training class designed to challenge and push you to your limit!

# **Core and More**

Wednesday, July 8th 5:00 pm – 6:00 pm and 6:00 pm – 7:00 pm High intensity strength training class using balance and total body exercises to help build your core.

# **Family Movie Night**

Thursday, July 9th 6:00 pm – 8:00 pm Butter up your Thursday with popcorn and a movie. The evening will feature the Disney film "Maleficent". Sit on our new furniture or bring a blanket and pillow to relax in air conditioned splendor.

# **Toddler Camp**

Thursday, July 9th 10:00 am – 11:00 am Summer Camp is not just for big kids anymore! Children 2 to 4 years of age, along with a parent, can attend an hour long camp featuring arts, crafts, stories, and more!

\*Please note that all events are available on a first-come, first-served basis, and while supplies last.



www.myranchosahuarita.com/GrandOpening